



*“Just For The Hill of It”  
BIKE CHALLENGE  
June 12<sup>th</sup> 2010  
A Benefit For Hospice*

**SYRINGA GENERAL HOSPITAL & CLINICS - GRANGEVILLE, IDAHO**

**“Just For The Hill Of It” 2010 Registration**

<http://syringahospital.org> - Click on Upcoming Events – Just For The Hill of It

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Email Address \_\_\_\_\_

T-Shirts Small through 4XL Size \_\_\_\_\_

Please Print

## REGISTRATION FEE

- ◆ Before June 1, 2010  
All Riders \$20.00
- ◆ After June 1, 2010  
All Riders \$22.00

Join riders who face the challenging switchbacks of the Old White Bird Grade. Experience **13 miles** with a gentle climb starting at Hammer Creek at 1600' and continuing to the summit at 3800'. All ages are welcome to come & join in the fun!

## SOUVENIR T-SHIRTS

Registration includes souvenir T-Shirts that will be distributed the morning of the ride.

## PICNIC LUNCH

Following the ride there will be a picnic lunch at Hammer Creek Recreational Park. There is no charge but voluntary contributions will gladly be accepted.

## WATER STOPS & REFRESHMENTS

Water stops along the way. Fresh fruit, cookies & Sport Drinks will be provided at the top of the hill.

## LODGING & CAMPING

*Camping & picnic facilities at Hammer Creek*

Swiftwater RV Park	208	839-2700
Canyon House	208	839-2777
White Bird Motel	208	839-2646
Killgore Adventures	208	839-2227
Hoots Motel	208	839-2265
Gateway Inn	208	983-1463
Super 8 Motel	208	983-1002

## REGISTRATION

Registration - 8 AM PDT

Ride Begins - 9 AM PDT

Registration is at Hammer Creek Recreational Park, the turnoff 1 ½ miles south of White Bird

## PRE-REGISTRATION MUST BE POSTMARKED BY JUNE 1st<sup>th</sup>

### MAIL TO:

Syringa General Hospital & Clinics  
607 West Main  
Grangeville, ID 83530  
Make checks payable to "SGH - Hospice"

Please call Conni at (208) 983-8570 or Sunny at (208) 983-1408 for more Information!

Or go to <http://syringahospital.org>

## THIS WAIVER BELOW MUST BE SIGNED BEFORE PARTICIPATING IN THIS EVENT RELEASE OF ORGANIZERS AND SPONSERS

In signing this release for myself or for the named entrant (**when entrant is under 18**), I know & understand the intent of this release and agree to absolve all the sponsors, organizers, their officers, member and assistants any other parties connected with this event in any way from and against any blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered as a result of participation in the "Just For The Hill Of It" Old White Bird Grade Bike Challenge or in any activity associated with it. I also agree that they should not be held liable in any way to family, my heirs, executors or me. I understand that the route chosen is an interesting and challenging route, not necessarily the safest route. I warrant that I am competent enough at cycling to be able to handle road, weather and traffic conditions that may be encountered on this route. I further state that that I am in proper physical condition to participate in the event and that my bicycle is in safe operating condition. **I understand that HELMETS are required.**

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_

(or parent or guardian if entrant is under 18 years old)